

Insider

NEWSLETTER

CIR Third Bimester 2024 Issue #6



Colegio Isaac Rabin

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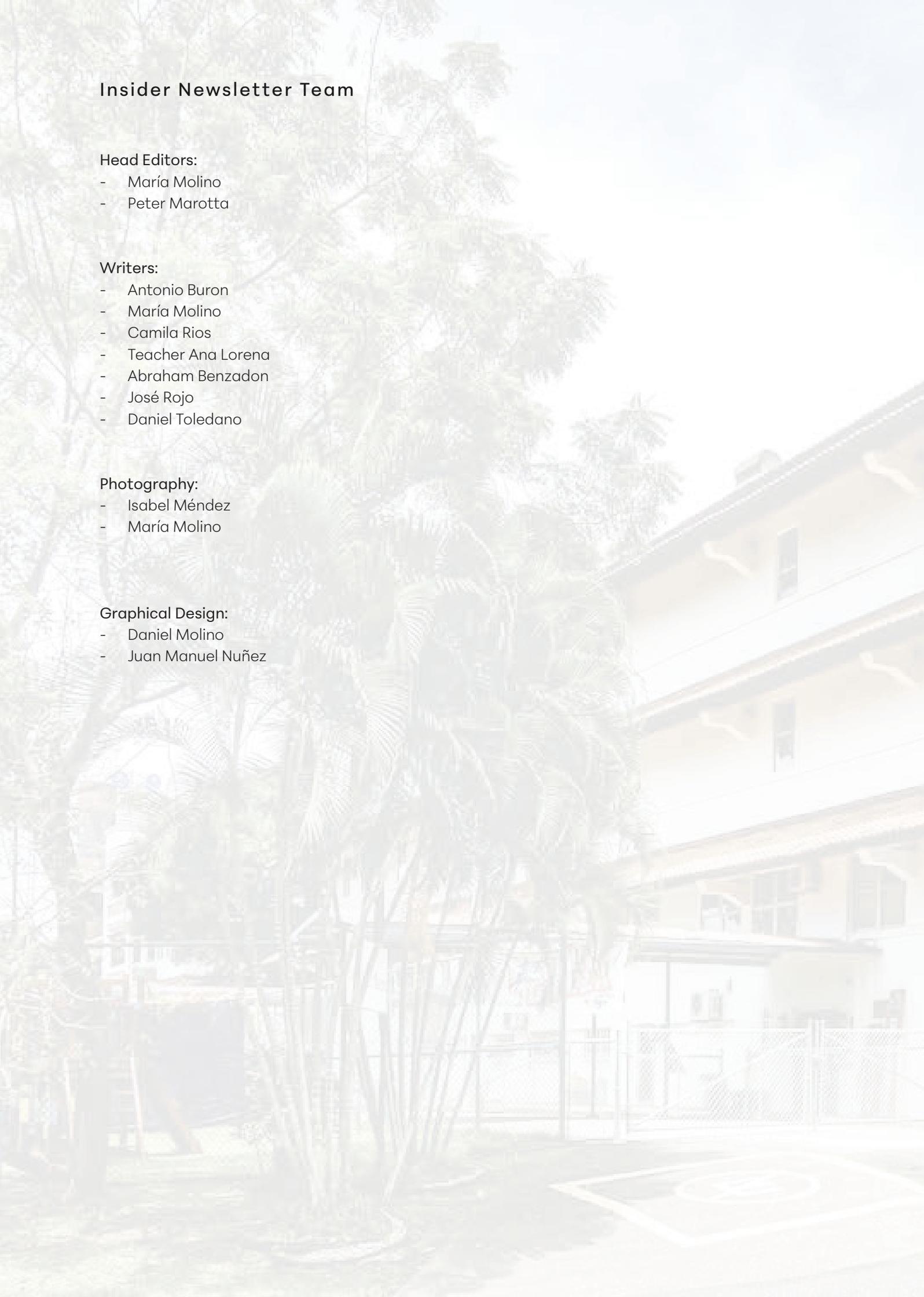
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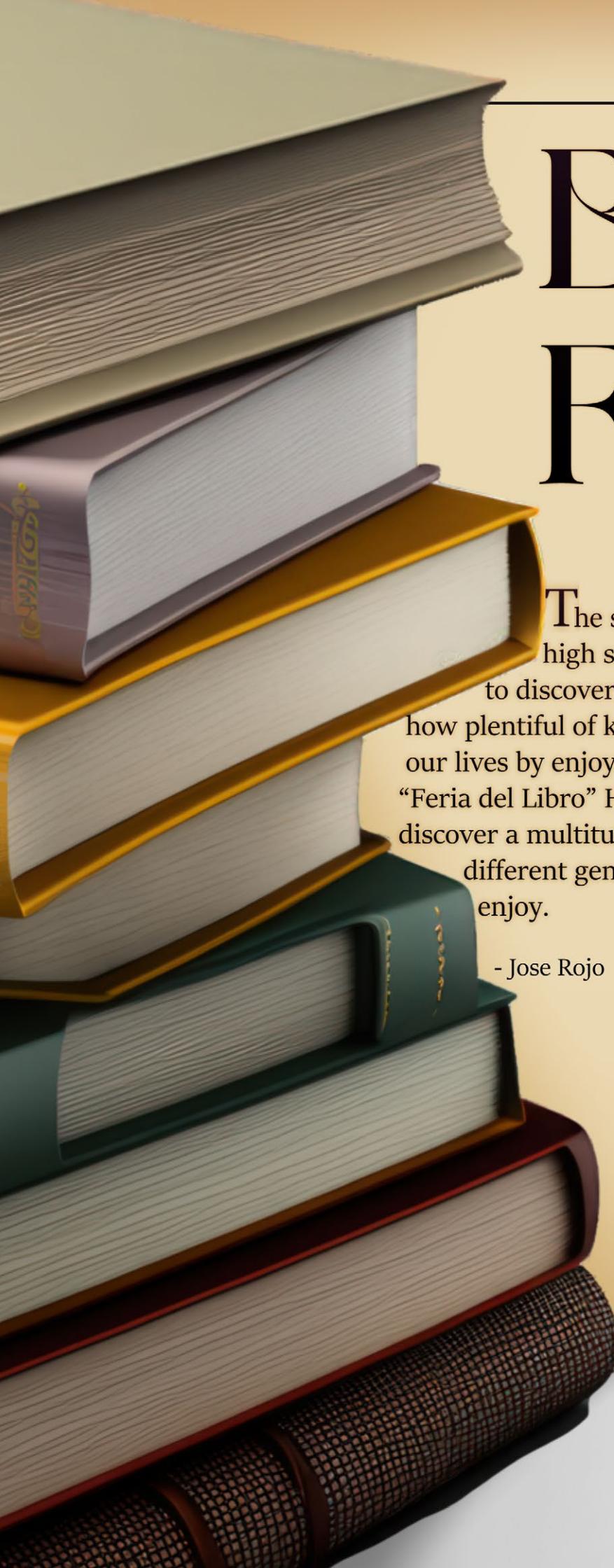
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25 *Años*

The Entire School came together to commemorate the 25th anniversary of the school's founding, celebrating it through a multitude of artistic shows, presentations, and art pieces that represented what the school is all about, as well as what it promotes through teaching.







Book Fair

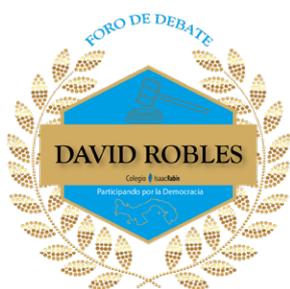
The students both from middle and high school came together in a field trip to discover the wonders of literature and how plentiful of knowledge and wonder it brings to our lives by enjoying the annual Book fair, or “Feria del Libro” Here in Panama, where they could discover a multitude of different books through all different genres that they could purchase and enjoy.

- Jose Rojo



Da Franco





DEBATE FORUM DAVID ROBLES 2024

David Robles is a debate simulacrum we do every year with different committees such as: Cumbre, Crisis and Asamblea both in English and Spanish, in order for our students to practice their debate skills.

This year our debate club and 11th grade students went to the KSI Congregation and invited other debate students from the Panamerican School, Instituto Alberto Einstein and Colegio Episcopal de Panamá. It is clear to say that the students enjoyed the activities and some even got oral, honorable mentions or best delegates.



02

Maria Jose Ruiz is working on her incredible personal project. Inspired by the Panamanian culture she is making a paper mache mask inspired by diablitos rojos.



01

"Compartiendo Letras" is Camila Martinez's project to donate a mini-library to Fundación Espacio Creativo and organize a school book drive to promote literacy and access to educational resources.



Personal Projects

Family Fair



On September 1st, the school's family fair held a series of games of different sports at the COS sports park. From paddle tennis, soccer, and go-karts. Among these were football games for Under-12, Under-15, Under-18, and parents. Additionally we held our annual cirrabin idol where students could showcase their talents be it singing, dancing or a performance, our 11th grade students took turns to host the fun activity.



GLOW IN THE DARK

In a vibrant art workshop, our kindergarten class embarked on an exciting journey to explore the concepts of light and energy. Each student created their own canvas painting using black light and glow-in-the-dark paint, allowing them to experience how different types of light can transform their artwork. As they painted, they learned about the properties of light, how it can illuminate, reveal hidden colors, and energize their creative expressions.

This hands-on learning experience perfectly complemented our Unit of Inquiry, “How the World Works,” as the children discovered the dynamic relationship between light and energy while expressing their unique artistic visions. The joy in their faces as their paintings glowed under the black light was evidence to their newfound understanding of these essential concepts!



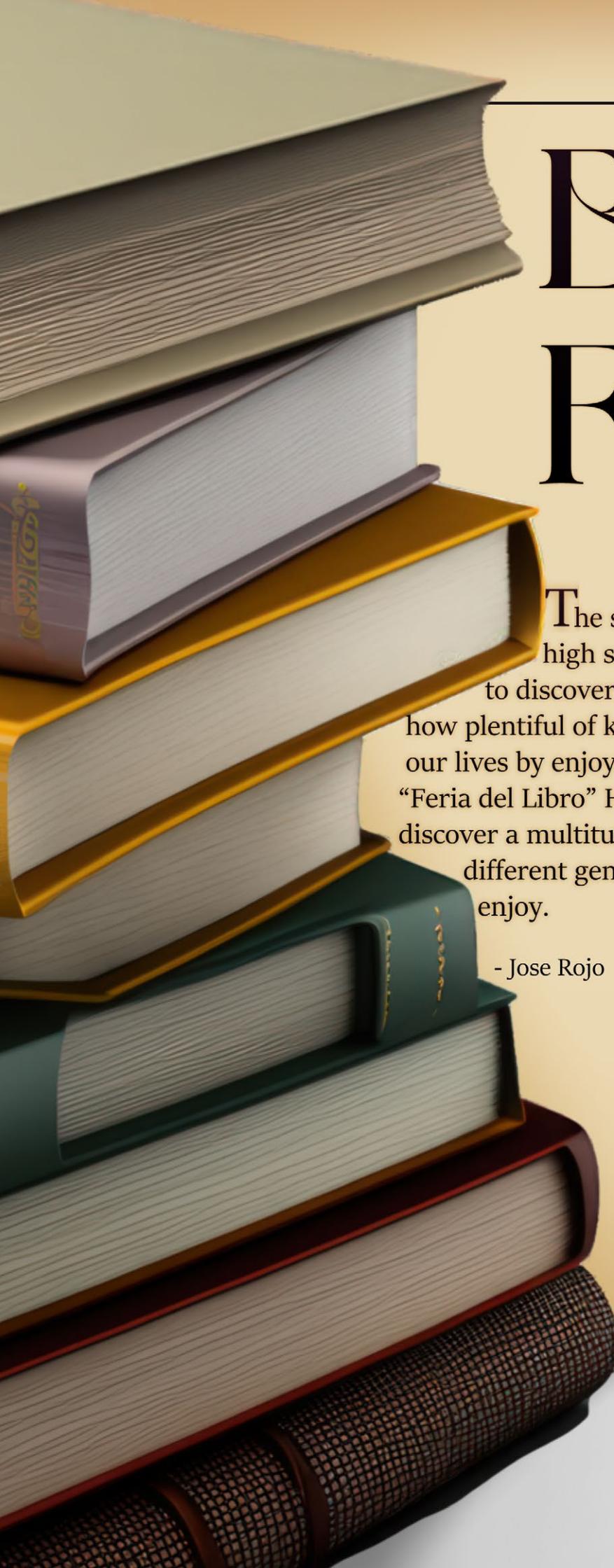


Community Service

The Students 10th grade left our school together for a total of 3 days to partake in Community Service, Where they headed to a rural area in which they participated in

different kinds of physical activities and labor in order to help out the community which received them happily and with open arms.





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- Jose Rojo

ROSE DAY



On September 3, the school became a paradise of roses. For two weeks, the 11th grade students sold a variety of products such as roses of different colors, sunflowers, chocolates, serenades and proposals. On that day our junior students spent the whole day handing out the orders.



Our Juniors, in benefit for "Marcha por la vida" decided to host a "Retro Day" In our school where anyone (Both Students and Teachers) could participate by coming to school dressed in any way reminiscent of "Retro" Years such as the 80's or 90's, Displaying the change of culture and wardrobe we had over the years.



RETRO DAY

Interviews

Galit's Journey in Figure Skating

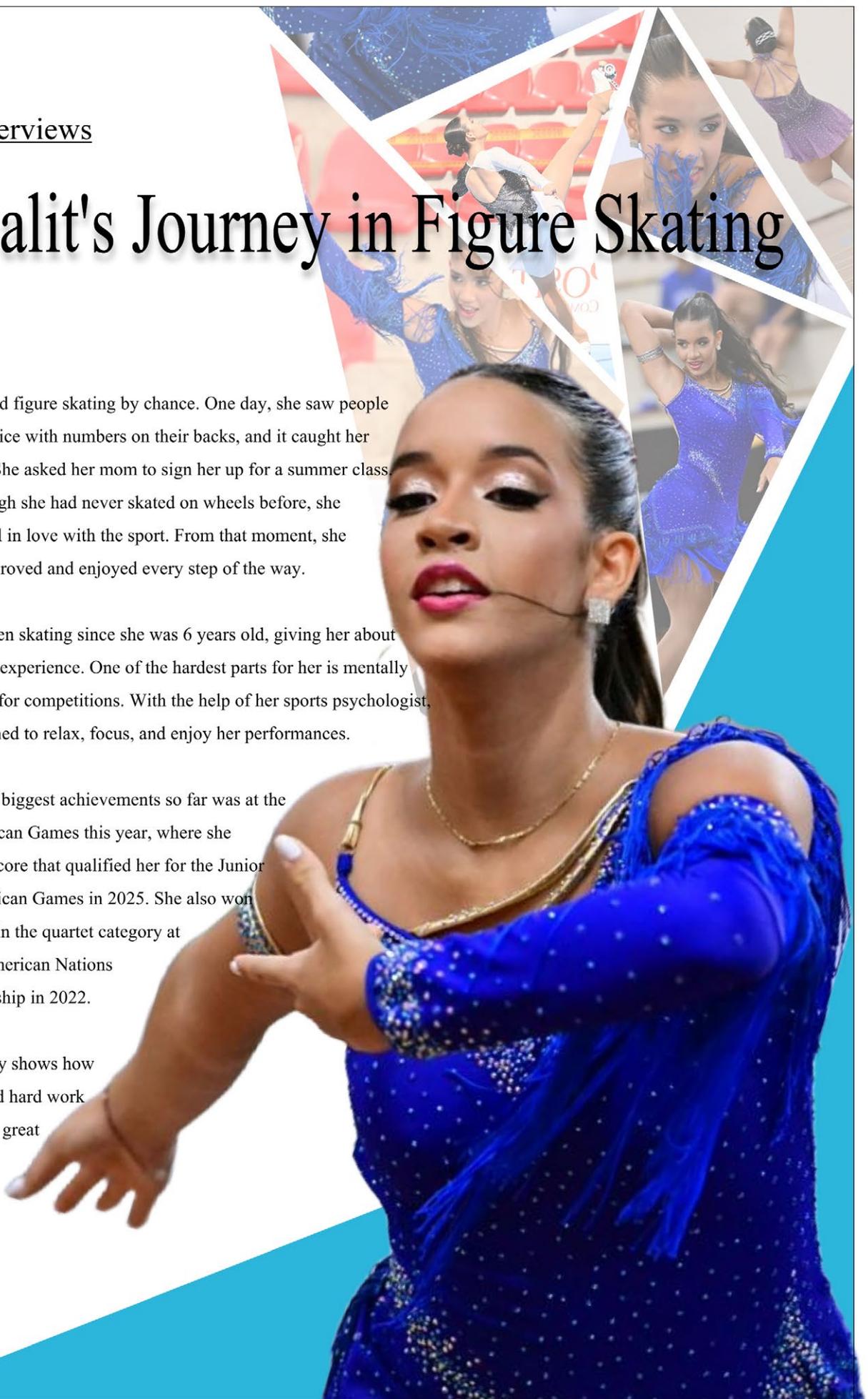
Galit started figure skating by chance. One day, she saw people skating on ice with numbers on their backs, and it caught her attention. She asked her mom to sign her up for a summer class.

Even though she had never skated on wheels before, she quickly fell in love with the sport. From that moment, she slowly improved and enjoyed every step of the way.

She has been skating since she was 6 years old, giving her about 8 years of experience. One of the hardest parts for her is mentally preparing for competitions. With the help of her sports psychologist, she's learned to relax, focus, and enjoy her performances.

One of her biggest achievements so far was at the Pan American Games this year, where she earned a score that qualified her for the Junior Pan American Games in 2025. She also won first place in the quartet category at the Pan American Nations Championship in 2022.

Galit's story shows how passion and hard work can lead to great success in sports.



TOMÁS'S JOURNEY WITH THE VIOLIN

Tomás's love for the violin started a few years ago when he began exploring classical music. He was deeply inspired by his teacher, Víctor, and his family, who introduced him to this beautiful genre. For a long time, he wanted to learn an instrument but didn't know which one. Eventually, he chose the violin.

He began playing in December 2022, which means he's been practicing for almost two years. What motivates him the most is watching videos and listening to recordings of great violinists like Hilary Hahn and Itzhak Perlman. Hearing beautiful pieces and wanting to play them at that level keeps him inspired.

The most difficult piece he's learned so far is the Violin Concerto No. 22 Op. 5 by Friedrich Seitz, which he's currently practicing. Although he has attempted many challenging pieces, he's still working toward mastering them.

One of his most memorable experiences was playing with an orchestra at the Alfredo de Saint Malo Festival in July, which he found incredibly fun and rewarding.





SCIENCE FAIR

The Science Fair is an opportunity for our middle school students to learn and discover science! This year we had a broad quantity of projects all creative and inspiring.



Proyecto de TIKUM OLAM

For our third grade student's Tikum Olam project, which translates to "Project for the Reparation of the World" they invited Fundación Latidos to the school. Fundación Latidos is a Non-Profit dedicated to helping children with heart problems and their families receive the resources necessary for life saving surgery. The third graders joined 20 kids from Fundación Latidos in a gathering where they played, used art supplies and had a meal. After a day of activities together the Fundación Latidos Kids received gift baskets.





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